

SKI GEAR

The first four items can also be hired in resort if you don't own them

- | | |
|---|--|
| <input checked="" type="checkbox"/> Ski boots/snowboard boots | <input type="checkbox"/> Back Protector |
| <input checked="" type="checkbox"/> Skis/snowboard (in ski bag) | <input type="checkbox"/> 2x base layer top and bottoms |
| <input checked="" type="checkbox"/> Poles | <input type="checkbox"/> 2x fleeces or ski jumpers (mid layer) |
| <input checked="" type="checkbox"/> Helmet | <input type="checkbox"/> Ski gloves or mittens |
| <input type="checkbox"/> Goggles and/or sunglasses | <input type="checkbox"/> Thermal glove liners |
| <input type="checkbox"/> Neck warmer | <input type="checkbox"/> Ski pants |
| <input type="checkbox"/> Ski jacket | <input type="checkbox"/> 3 pairs of ski/board socks |

FOR THE CHALET/APRES SKI

- | | |
|---|---|
| <input type="checkbox"/> Jumpers | <input type="checkbox"/> Vests |
| <input type="checkbox"/> T-shirts | <input type="checkbox"/> Underwear including socks |
| <input type="checkbox"/> Comfy tracksuit bottoms/lounge pants | <input type="checkbox"/> PJs or other nightwear |
| <input type="checkbox"/> Jeans/long trousers | <input type="checkbox"/> Slippers or indoor shoes |
| <input type="checkbox"/> Thin gloves | <input type="checkbox"/> Shoes/boots with a good grip |
| <input type="checkbox"/> Scarf | <input type="checkbox"/> Swimming costume/trunks |

THE NEVER-ENDING EXTRAS TO CONSIDER

- | | | |
|---|---|--|
| <input type="checkbox"/> Tickets, travel money and passports | <input type="checkbox"/> Mobile phone, charging plugs and adaptors | <input type="checkbox"/> Hot water bottle or microwaveable heat pack |
| <input type="checkbox"/> Copies of Insurance documents | <input type="checkbox"/> A full washbag and contents including toothbrush and paste | <input type="checkbox"/> Any medication or limb supports (including painkillers and anti-inflammatories) |
| <input type="checkbox"/> Transfer/car hire or parking paperwork | <input type="checkbox"/> Snowchains or socks | <input type="checkbox"/> Suncream |
| <input type="checkbox"/> Paperwork for ski hire | <input type="checkbox"/> Camera and charger | <input type="checkbox"/> Lipsalve/balm with SPF |
| <input type="checkbox"/> Sat nav if you're driving and a copy of your driving licence | <input type="checkbox"/> Books or magazines | <input type="checkbox"/> Make-up |
| | <input type="checkbox"/> Ski snacks – chocolate/energy bars/nuts/jelly sweets | |